

# Preparing for the show

## Start here

There are many ways to talk about HIV/AIDS testing, enough for multiple shows!  
For example:

- The importance of getting tested for HIV/AIDS.
- How to get tested for HIV/AIDS.
- Family planning and getting tested.
- Busting myths about getting tested for HIV/AIDS.
- People most at risk, who need to go for testing regularly.

Choose one angle.  
Refer to pg25-24

How to get tested for HIV/AIDS

The Well Project, 'HIV Testing':  
[www.thewellproject.org/en\\_US/HIV\\_The\\_Basics/HIV\\_Testing.jsp](http://www.thewellproject.org/en_US/HIV_The_Basics/HIV_Testing.jsp)

Health24, 'Testing for HIV':  
<http://www.health24.com/Medical/HIV-AIDS/Testing/Testing-for-HIV-20120721>

Positive or Not, 'Informed Testing':  
<http://www.posornot.com/informed.testing/>

Use local resources: newspapers, community-based organisations, government officials, and peer educators.

### This could include:

1. Sharing a personal experience of testing.
2. The steps of what getting tested involves.
3. Identifying different clinics or organisations.
4. Getting facts from a medical expert.

Find out more.

Decide on a few different ways to break down the steps of how to get tested for HIV/AIDS.

Find people to speak to in your community.

1. Visit a HIV/AIDS counsellor at school or in the community.
2. Interview those who you know have disclosed their HIV+ status.
3. Visit a youth clinic and interview youth who are getting tested.
4. A doctor or nurse who works with HIV/AIDS.

Bring out multiple points of view.  Refer to pg25

Find different ways to talk about the topic and structure your show outline. Refer to pg36

Write your radio script.  
Refer to pg36-38

Beginning	Middle	End
Intro to the show	Intro commentary	Intro interview
Intro audio profile		Interview: Interview with a local health organisation or expert on getting tested for HIV.
Audio profile: An audio profile of a young person who has taken action and gone for a HIV/AIDS test.	Audio commentary: An audio commentary from a HIV positive person on why it's important to test and know your HIV/AIDS status.	Outro interview
Outro audio profile	Outro audio commentary	Music transition & jingle
Music transition & jingle	Music transition	PSA: A PSA on encouraging getting tested for HIV.
		Outro the show and music transition



You must always introduce your show and radio formats. Then once you've played your formats have a concluding statement for each one. Don't forget a final conclusion for the very end of the show. Use links (facts, tips, did you know, music) to glue it all together.

# HIV/AIDS TESTING

When you find out about your HIV/AIDS status from a qualified nurse or doctor, preferably at a clinic, hospital, surgery or specialist HIV/AIDS voluntary counselling and testing (VCT) sites it is called HIV/AIDS testing. A blood sample (taken from the arm or finger) or an oral fluid sample will be taken, depending on the type of test used at the site.

## DID YOU KNOW?<sup>1</sup>

There are several different types of HIV tests, not all of which may be available in your area.

### Antibody tests:

They look for the presence of an antibody to the HIV virus in your blood, urine, or oral fluid (not your saliva).

### Viral DNA and RNA (nucleic acid) tests:

These tests look for the presence of HIV's genetic material in the blood and can identify an HIV infection within two to three weeks of exposure.

### Fourth Generation Tests:

These tests combine antibody tests and DNA or antigen tests. They are better at finding recent infection while still preventing false positives (results that show a person is infected when they are not).

## Facts:<sup>2</sup>

In medical terms 'window period' means the time between first infection and when the test can reliably detect an infectious disease.

The window period is important because during this time, an infected person cannot be detected as infected but may still be able to infect others.

## Important:<sup>3</sup>

Without treatment, HIV infection will develop into AIDS in approximately 10 years. With early diagnosis and treatment you can slow down the progression of the infection, the earlier you test the better.

1. 'Types of HIV Tests', The Well Project. April 2013. Web source: [http://www.thewellproject.org/en\\_US/HIV\\_The\\_Basics/HIV\\_Testing.jsp;jsessionid=ScjfCWW8yT2jHhpw5Qq8pkv76bvHf%20X5nSPhTlh6VxDWy5cTgnBRq!-469866443](http://www.thewellproject.org/en_US/HIV_The_Basics/HIV_Testing.jsp;jsessionid=ScjfCWW8yT2jHhpw5Qq8pkv76bvHf%20X5nSPhTlh6VxDWy5cTgnBRq!-469866443)
2. 'Fast Facts: The window period', Action for AIDS (Singapore). Web source: <http://www.afa.org.sg/otherresources.php>
3. 'HIV/AIDS Online Q&A', World Health Organisation (WHO). 30 June 2013. Web source: <http://www.who.int/features/qa/71/en/>

# How to present your show

Here is an example of how you might script some of the parts of the show outlined above. You can use these examples, along with your research and your produced radio formats, to write your own script.

Refer to pg37-38

## Intro:

Host 1: You're listening to [NAME OF SHOW] on [RADIO STATION]. My name is [NAME]...

Host 2: And my name is [NAME]. On today's show we will be talking about the importance of HIV/AIDS testing.

Host 1: Going to get tested for HIV can be a scary experience, I know when I went I was nervous, but the feeling of finding out and knowing where your health is at was so reassuring.

Host 2: Yeah, I feel like people don't share their testing experiences enough, it would really help others to understand how simple it is and how important it is.

Host 1: That's so true and that's why I'm so happy that [NAME] met [NAME] and he told us all about his experience of going to get tested for HIV.

[PLAY AUDIO PROFILE]

## If you interview a nurse or HIV/AIDS counsellor, here are some questions you could ask:

1. Describe what happens when testing for HIV/AIDS.
2. Please explain what the dangers are of not knowing your status.
3. Where can people go to get tested?
4. What does the government do to help encourage HIV/AIDS testing?
5. What can we do in our communities to help people understand the importance of going to get tested?

Refer to pg26

## Outro:

Host 1: HIV/AIDS testing is key to us living in a safer and healthier community.

Host 2: And gives hope for a brighter future, not only for yourself but for the whole community.

Host 1: Remember, when it comes to our community we are all connected!

Host 2: We hope you enjoyed [INSERT NAME OF SHOW] for the [INSERT NAME OF RADIO STATION]. Next week on [INSERT DAY] at [INSERT TIME] we'll be finding out all about [INSERT NEXT WEEK'S SHOW TOPIC].

Host 2: And remember we love hearing from you! So tell us what you think and let us know what you want to hear about. You can call us on [INSERT NUMBER] or message us on Facebook [INSERT NAME OF PAGE] Till then, it's bye from us!

Once you've finalised your script, produced your radio formats, and finalised your show clock. It's time to go live on air!

Prepare to present your show.  
Refer to pg38